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## Homogeneous $p$-Lagrangians and Self-Similarity (**)

Abstract. - We discuss self-similarity in connection with homogeneous $p$-Lagrangians and the associated nonlinear energy forms.

## $p$-Lagrangiane omogenee e auto-similarità

Sunto. - Si studia l'auto-similarità in connessione con $p$-Lagrangiane omogenee e le corrispondenti forme di energia.

## 1. - Introduction

The aim of this paper is to discuss self-similarity in connection with homogeneous $p$-Lagrangians and the associated nonlinear energy forms (for a study of self-similarity in the special context of quadratic energy functional, see [16]).

We are motivated by the recent interest in the study of various non Euclidean structures that are invariant under suitable self-similarities of the structures themselves (see [9] and references therein); moreover, nonlinear energy forms have been recently constructed on these structures, in particular, on the Koch curve type fractals in [4] and on the Sierpinski type fractals in [10].

By using the approach of variational metrics developed by Mosco in [15], [17], [18], we introduce suitable quasi metrics of variational nature: in this way, the variational fractal gives a metric fractal (see [19]) and we can apply the functional inequalities developed in the framework of the theory of $p$-Lagrangians on homogeneous spaces (see [13] and [5]).
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More precisely, the plan of the paper is the following.
In the second section, we consider variational fractals, that is, self-similar fractals possessing non trivial self-similar Lagrangians. In particular, we recall the definition and some properties of self-similar fractals (according to Hutchinson's theory [11]) and of homogeneous $p$-Lagrangians (firstly introduced in the paper of Malý and Mosco [13]).

In the third section, we introduce a suitable quasi-distance on the variational fractal by defining a new metric $d$ on the fractal such that $d^{p}$ has the same scaling as the $p$ Lagrangian. In this setting, the fractal with this metric can be viewed as a homogeneous space (see Theorem 3.2). Moreover, by assuming that a global Poincaré inequality holds, we prove a family of scaled Poincaré inequalities on the homogeneous balls (see Theorem 3.6). These inequalities are the starting point of the variational theory for measure-valued Lagrangians in homogeneous spaces developed in [13] and [5].

In section 4, we study the relation between Lagrangian and the corresponding energy form. In particular, we obtain a representation formula for the homogeneous $p$-Lagrangians (see Theorem 4.1). Moreover, we prove that if the total energy is selfsimilar then the Lagrangian inherits the same invariance property (the converse being obvious) (see Theorem 4.2).

In the last section, we describe a basic example. In particular, we reformulate a result of [4] in terms of the theory of $p$-Lagrangians on homogeneous spaces. In [4], we examined the functions of finite nonlinear energy on the Koch curve, that is, the functions that belong to the domain of the nonlinear form. These functions, by direct calculations, are shown to be Hölder continuous, with Euclidean Hölder exponent $\beta_{e}=\frac{p-1}{p} \log _{3} 4$. Now, using the intrinsic approach, this property can be compared with the Morrey embedding proved in [5]: as the homogeneous dimension $v=1<p$, the functions of finite energy are Hölder continuous with respect to the intrinsic metric $d$, with Hölder exponent $\beta=1-\frac{v}{p}$.

## 2. - Variational fractals

Throughout this paper, we shall use the following notation: $\mathbb{R}^{D}$ is the $D$-dimensional Euclidean space, $D \geqslant 1$,

$$
d_{e}(x, y) \equiv|x-y|=\left(\sum_{b=1}^{D}\left|x_{b}-y_{b}\right|^{2}\right)^{\frac{1}{2}}
$$

the Euclidean distance, $B_{e}(x, r):=\left\{y \in \mathbb{R}^{D}:|x-y|<r\right\}, x \in \mathbb{R}^{D}, r>0$, are the Euclidean balls (denoted also by $B_{e, r}$ ), $\operatorname{diam}_{e} A$ the Euclidean diameter of a subset $A \subset \mathbb{R}^{D}$.

We suppose that $\Psi=\left\{\psi_{1}, \ldots, \psi_{N}\right\}$ is a given set of contractive similitudes $\psi_{i}: \mathbb{R}^{D} \rightarrow \mathbb{R}^{D}$, with contraction factors $\alpha_{i}^{-1}<1$, that is,

$$
\left|\psi_{i}(x)-\psi_{i}(y)\right|=\alpha_{i}^{-1}|x-y|
$$

for every $x, y \in \mathbb{R}^{D}, i=1, \ldots, N$. In [11], it is proved that there exists a unique closed bounded set $K$, which is invariant under $\Psi=\left\{\psi_{1}, \ldots, \psi_{N}\right\}$, that is,

$$
\begin{equation*}
K=\bigcup_{i=1}^{N} \psi_{i}(K) . \tag{2.1}
\end{equation*}
$$

The invariant set $K$ of a given family $\Psi=\left\{\psi_{1}, \ldots, \psi_{N}\right\}$ will be called a self-similar fractal. The real number $d_{f}$, uniquely determined by the relation

$$
\sum_{i=1}^{N} \alpha_{i}^{-d_{f}}=1
$$

is the similarity dimension of $K$.
Let us choose $N$ constants $r_{i} \in(0,1)$, with $\sum_{i=1}^{N} r_{i}=1$. Then, there exists a unique Borel regular measure $\mu$ in $\mathbb{R}^{D}$, with supp $\mu=K$ and unit total mass, which is invariant with respect to the given $\Psi=\left\{\psi_{1}, \ldots, \psi_{N}\right\}$ and $\left\{r_{1}, \ldots, r_{N}\right\}$, that is, $\mu$ satisfies

$$
\begin{equation*}
\mu=\sum_{i=1}^{N} r_{i} \psi_{i \#} \mu \tag{2.2}
\end{equation*}
$$

where $\psi_{i \#} \mu(\cdot):=\mu\left(\psi_{i}^{-1}(\cdot)\right), i=1, \ldots, N$ with $\operatorname{supp} \psi_{i \#} \mu=\psi_{i}(\operatorname{supp} \mu)($ see [11]). The relation (2.2) can be equivalently written as

$$
\begin{equation*}
\int_{K} \varphi d \mu=\sum_{i=1}^{N} r_{i} \int_{K} \varphi \circ \psi_{i} d \mu \tag{2.3}
\end{equation*}
$$

for every $\varphi \in C(K)$ (where $C(K)$ is the space of continuous functions on $K$ ).
In the following, the measure obtained by the special choice $r_{i}:=\alpha_{i}^{-d_{f}}$ will be simply called the invariant measure of $K$ : it only depends on the given family $\Psi=\left\{\psi_{1}, \ldots, \psi_{N}\right\}$.

More specific metric informations on $K$ and $\mu$ are available when the family $\Psi=$ $=\left\{\psi_{1}, \ldots, \psi_{N}\right\}$ satisfies the following open set condition: there exists a bounded open set $U \subset \mathbb{R}^{D}$, such that

$$
\begin{equation*}
\bigcup_{i=1}^{N} \psi_{i}(U) \subset U, \quad \text { with } \psi_{i}(U) \cap \psi_{j}(U)=\emptyset \text { if } i \neq j \tag{2.4}
\end{equation*}
$$

In fact, under this assumption, the following important metric properties hold, (see [11]): the similarity dimension $d_{f}$ equals the Hausdorff dimension of $K$ and $0<H^{d_{f}}(K)<\infty$, where $H^{d_{f}}$ denotes the $d_{f}$-dimensional Hausdorff measure in $\mathbb{R}^{D}$.

The invariant measure $\mu$ coincides with the restriction to $K$ of the $d_{f}$ dimensional

Hausdorff measure of $\mathbb{R}^{D}, H^{d_{f}}\lfloor K$, normalized:

$$
\mu=\left(H^{d_{f}}(K)\right)^{-1} H^{d_{f}}\lfloor K ;
$$

$d_{f}$ is also called the fractal dimension of $K$. In the special case $\alpha_{1}, \ldots, \alpha_{N}=\alpha>1$, we have

$$
\begin{equation*}
d_{f}=\frac{\ln N}{\ln \alpha} . \tag{2.5}
\end{equation*}
$$

We will use the notations $\psi_{i_{1} \ldots i_{n}}:=\psi_{i_{1}} \circ \psi_{i_{2}} \circ \ldots \circ \psi_{i_{n}}, A_{i_{1} \ldots i_{n}}:=\psi_{i_{1} \ldots i_{n}}(A)$ for arbitrary $n$-tuples of indices $i_{1}, \ldots, i_{n} \in\{1, \ldots, N\}$ and arbitrary $A \subset K$.

We call $K_{i_{1} \ldots i_{n}}=\psi_{i_{1} \ldots i_{n}}(K), n \geqslant 1 i_{1}, \ldots, i_{n} \in\{1, \ldots, N\}$, an $n$-complex. We have

$$
K=\bigcup_{i_{1}, \ldots, i_{n}=1}^{N} K_{i_{1} \ldots i_{n}},
$$

and

$$
\mu(K)=\sum_{i_{1}, \ldots, i_{n}=1}^{N} \mu\left(K_{i_{1} \ldots i_{n}}\right) .
$$

We say that two complexes are contiguous if their intersection is not empty.
The diameter of $K_{i_{1} \ldots i_{n}}$ satisfies

$$
\begin{equation*}
\operatorname{diam}_{e} K_{i_{1} \ldots i_{n}}=\alpha_{i_{1}}^{-1} \ldots \alpha_{i_{n}}^{-1} \operatorname{diam}_{e} K \tag{2.6}
\end{equation*}
$$

We say that $K_{i_{1} \ldots i_{n}}$ is of size $R$ with $0<R<\operatorname{diam}_{e} K$ if

$$
\alpha_{1}^{-1} R \leqslant \operatorname{diam}_{e} K_{i_{1} \ldots i_{n}}<R
$$

(we are assuming that $\alpha_{1}=\max \left\{\alpha_{1}, \ldots, \alpha_{N}\right\}$ ).
By $G_{R}$ we denote the set

$$
G_{R}:=\left\{K_{i_{1} \ldots i_{n}} \text { of size } R\right\}
$$

Note that $G_{R}=\{K\}$ if $R=\operatorname{diam}_{e} K$.
We recall that a self-similar fractal enjoys the following finite-overlapping property ([11], Theorem 5.3; [17], Theorem 2.1). This property says that, if we intersect the fractal $K$ with a Euclidean ball of radius $R$, then the intersection $K \cap B_{e, R}$ is covered by at most $M n$-complexes $K_{i_{1} \ldots i_{n}}$ of size $R$, where $M$ is independent of the scale $R$. More precisely, the following theorem holds.

Theorem 2.1: Let $K$ be a self-similar fractal satisfying (2.1) and (2.4). Let

$$
M=\left(1+2 \frac{c_{2}}{\operatorname{diam}_{e} K}\right)^{D}\left(\alpha_{1}^{-1} \frac{c_{1}}{\operatorname{diam}_{e} K}\right)^{-D}
$$

where $c_{1}$ is the radius of a Euclidean ball contained in $U$ and $c_{2}$ is the radius of a Euclidean ball containing $U$. Then for every $x$ and $0<R \leqslant \operatorname{diam}_{e} K$ the family

$$
G_{x, R}:=\left\{K_{i_{1} \ldots i_{n}}: K_{i_{1} \ldots i_{n}} \in G_{R} \quad K_{i_{1} \ldots i_{n}} \cap B_{e}(x, R) \neq \emptyset\right\},
$$

contains at most $M$ distinct complexes and

$$
K \cap B_{e}(x, R) \subset \bigcup_{G_{x, R}} K_{i_{1} \ldots i_{n}} .
$$

We define the boundary $\Gamma$ of $K$ as

$$
\Gamma=\bigcup_{i \neq j} \psi_{i}^{-1}\left(K_{i} \cap K_{j}\right)
$$

We have that $\Gamma$ is a compact subset of $K \cap \partial U$ and $\mu(\Gamma)=0$ (see [17], Theorem 2.3).
In the following, we shall assume that for every $n \geqslant 1$ and every for $i_{1}, \ldots, i_{n} \neq j_{1}, \ldots, j_{n}$ we have

$$
\begin{equation*}
K_{i_{1} \ldots i_{n}} \cap K_{j_{1} \ldots j_{n}}=\Gamma_{i_{1} \ldots i_{n}} \cap \Gamma_{j_{1} \ldots j_{n}} \tag{2.7}
\end{equation*}
$$

The notion of measure-valued Lagrangians has been introduced in [13] and later developed by Biroli and Vernole in [2] and in [3]. We now give the definition of homogeneous $p$-Lagrangians which best fits in our context in an easier form than that given in [2]: in particular, we do not require the absolute continuity of the Lagrangian with respect to the volume measure and the completion of the domain.

Let now $X$ be a locally compact Hausdorff topological space and $\mu$ a bounded Radon measure on $X$ with $\operatorname{supp} \mu=X$. Let $\widetilde{\mathscr{L}}^{(p)}$ be a Radon measure valued nonnegative map defined on a dense subalgebra $\mathcal{C}^{(p)}$ of the space $C_{b}(X)$ of bounded continuous functions on $X$. We make the following assumptions on $\widetilde{\mathfrak{L}}^{(p)},(p>1)$ :
i) $\widetilde{\mathfrak{L}}^{(p)}$ is positive semidefinite and convex in the space $\mathfrak{N}$ of Radon measure.
ii) ${\underset{\mathfrak{L}}{ }}^{(p)}$ is homogeneous of degree $p$.
iii) $\tilde{\mathfrak{L}}^{(p)}$ is such that

$$
\begin{equation*}
\|u\|=\left(\int_{X}|u|^{p} d u+\int_{X} d \widetilde{\mathscr{L}}^{(p)}(u)\right)^{\frac{1}{p}} \tag{2.8}
\end{equation*}
$$

is a norm in $\mathfrak{C}^{(p)}$.
iv) Strong locality: if $u-v=$ constant on $\operatorname{supp} \varphi$, then

$$
\int_{X} \varphi(x) d \tilde{\mathfrak{L}}^{(p)}(u)=\int_{X} \varphi(x) d \tilde{\mathfrak{L}}^{(p)}(v)
$$

for any $\varphi \in C(X), u, v \in \mathcal{C}^{(p)}$.
v) for every $u, v \in \mathcal{C}^{(p)}$ there exists in the weakly* topology of $\mathbb{M}$ the following limit:

$$
\lim _{t \rightarrow 0} \frac{\tilde{\mathfrak{d}}^{(p)}(u+t v)-\tilde{\mathfrak{L}}^{(p)}(u)}{t}=\left\langle\partial \tilde{\mathfrak{L}}^{(p)}(u), v\right\rangle .
$$

We define $\mathfrak{L}^{(p)}: \mathfrak{C}^{(p)} \times \mathfrak{C}^{(p)} \rightarrow \mathfrak{K}$ as

$$
\begin{equation*}
\mathfrak{L}^{(p)}(u, v)=\left\langle\partial \tilde{\mathfrak{L}}^{(p)}(u), v\right\rangle . \tag{2.9}
\end{equation*}
$$

vi) The chain rules: if $u, v \in \mathcal{C}^{(p)}$ and $g \in C^{1}(\mathbb{R})$, with $g^{\prime}$ bounded on $\mathbb{R}$, then

$$
g(u): x \rightarrow g(u(x))
$$

belongs to $\mathcal{C}^{(p)}$,

$$
\begin{gathered}
\mathscr{L}^{(p)}(g(u), v)=\left|g^{\prime}(u)\right|^{p-2} g^{\prime}(u) \mathscr{L}^{(p)}(u, v), \\
\mathscr{L}^{(p)}(v, g(u))=g^{\prime}(u) \mathscr{L}^{(p)}(v, u) .
\end{gathered}
$$

Defintion 2.2: The measure $\mathfrak{L}^{(p)}(u, v)$ in (2.9) satisfying the previous assumptions $i$ ),..,vi) will be called homogeneous $p$-Lagrangian.

From the definition of $\mathscr{L}^{(p)}(u, v)$, we get the following properties (see [2]).
Proposition 2.3: i) If $u \in \mathfrak{C}^{(p)}$ and $g \in C^{1}(\mathbb{R})$, with $g^{\prime}$ bounded on $\mathbb{R}$, then $g(u): x \rightarrow g(u(x))$ belongs to $\mathcal{C}^{(p)}$ and

$$
\mathfrak{L}^{(p)}(g(u), g(u))=\left|g^{\prime}(u)\right|^{p} \mathscr{L}^{(p)}(u, u) .
$$

ii) For every $u \in \mathfrak{C}^{(p)}$,

$$
\mathfrak{L}^{(p)}(u, u)=p \tilde{\mathfrak{L}}^{(p)}(u) .
$$

iii) Leibniz rule on the second argument: for any $u, v, w \in \mathcal{C}^{(p)}$,

$$
\mathfrak{L}^{(p)}(u, v w)=v \mathfrak{L}^{(p)}(u, w)+w \mathfrak{L}^{(p)}(u, v) .
$$

We conclude by giving the definition of variational fractal.
Defintion 2.4: A variational fractal is a triple $K \equiv\left(K, \mu, \mathfrak{L}^{(p)}\right)$ where

- $K$ is the invariant set of a given family $\Psi=\left\{\psi_{1}, \ldots, \psi_{N}\right\}$ satisfying (2.1), (2.4) and (2.7);
$-\mu$ is the invariant measure (2.2) on $K$;
- $\mathscr{L}^{(p)}$ is a nonlinear p-homogeneous Lagrangian with domain $\mathcal{C}^{(p)}$ in $L^{p}(K, \mu)$ in
the sense of Definition 2.2 such that, for every $u \in \mathcal{C}^{(p)}$ and for every $\varphi \in C(K)$, we bave

$$
\int_{K} \varphi d \mathfrak{L}^{(p)}[u]=\sum_{i=1}^{N} \varrho_{i}^{(p)} \int_{K} \varphi \circ \psi_{i} d \mathfrak{L}^{(p)}\left[u \circ \psi_{i}\right]
$$

with the real constants $\varrho_{i}^{(p)}>0, i=1, \ldots, N$, satisfy $\varrho_{i}^{(p)}=\mu\left(K_{i}\right)^{\sigma}, i=1, \ldots, N$, for some real constant $\sigma<1$, independent of $i=1, \ldots, N$.

## 3. - Metric fractals

Given a variational fractal $K \equiv\left(K, \mu, \mathfrak{L}^{(p)}\right)$, we consider quasi-distances $d$ on $K$ with Euclidean scaling

$$
d(x, y)=|x-y|^{\delta}, \quad x, y \in K
$$

indexed by a real parameter $\delta>0$.
The quasi-balls associated with $d$ will be denoted by $B(x, r)$, that is, $B(x, r):=$ $:=\left\{y \in K: d\left(x, y_{1}<r\right\}, x \in K, r>0\right.$. For every $x \in K$ and every $r>0$ we have $B(x, r)=B_{e}\left(x, r^{\bar{\delta}}\right) \cap K$. For every $A$, the diameter of $A$ with respect to the quasi metric $d$ will be denoted by

$$
\begin{equation*}
\operatorname{diam} A=\left(\operatorname{diam}_{e} A\right)^{\delta} \tag{3.1}
\end{equation*}
$$

We choose $d$ by requiring $d^{p}$ to obey on $K$ the same scaling as $\mathfrak{L}^{(p)}$ itself:

$$
d^{p}(x, y)=\sum_{i=1}^{N} \varrho_{i}^{(p)} d^{p}\left(\psi_{i}(x), \psi_{i}(y)\right),
$$

for every $x, y \in K$.
Lemma 3.1: Let $K$ be a variational fractal, with given structural constants $N$, $\alpha_{1}, \ldots, \alpha_{N}$ and $\sigma$. Then, there exists one and only one constant $\delta>0$, such that the following identities hold:

$$
\begin{gathered}
d(x, y)=|x-y|^{\delta} \\
d^{p}(x, y)=\sum_{i=1}^{N} \varrho_{i}^{(p)} d^{p}\left(\psi_{i}(x), \psi_{i}(y)\right),
\end{gathered}
$$

for every $x, y \in K$.
Such a $\delta$ is uniquely determined by the identity

$$
\sum_{i=1}^{N} \varrho_{i}^{(p)} \alpha_{i}^{-p \delta}=1
$$

and is given by

$$
\delta=d_{f}(1-\sigma) / p
$$

Proof: By replacing $d(x, y)=|x-y|^{\delta}$ in the scaling identity for $d^{p}$, we obtain

$$
|x-y|^{p \delta}=\sum_{i=1}^{N} \varrho_{i}^{(p)}\left|\psi_{i}(x)-\psi_{i}(y)\right|^{\rho \delta}=\sum_{i=1}^{N} \varrho_{i}^{(p)} \alpha_{i}^{-p \delta}|x-y|^{p \delta}
$$

which gives

$$
\sum_{i=1}^{N} \varrho_{i}^{(p)} \alpha_{i}^{-p \delta}=1
$$

Taking into account the expression of the scaling factors $\varrho_{i}^{(p)}$ in (2.10), we have

$$
\sum_{i=1}^{N} \varrho_{i}^{(p)} \alpha_{i}^{-p \delta}=\sum_{i=1}^{N} \mu\left(K_{i}\right)^{\sigma} \alpha_{i}^{-p \delta}=\sum_{i=1}^{N} \alpha_{i}^{-d_{f} \sigma-p \delta} ;
$$

by the definition of $d_{f}$ as similarity dimension, we have

$$
d_{f} \sigma+p \delta=d_{f}
$$

We note that in the special case $\alpha_{i}=\alpha>1$ and $\varrho_{i}^{(p)}=\varrho^{(p)}$ for every $i \in\{1, \ldots, N\}$, we have

$$
\begin{equation*}
\delta=\frac{\ln _{\alpha} N \varrho^{(p)}}{p} \tag{3.2}
\end{equation*}
$$

When endowed with this quasi-metric, the fractal $K$ becomes a space of homogeneous type of dimension $v=\frac{d_{f}}{\delta}$ : in fact, the following theorem holds (see [17], Theorem 3.1).

Theorem 3.2: Let $K \equiv\left(K, \mu, \mathfrak{L}^{(p)}\right)$ be a variational fractal endowed with its intrinsic metric.

Then $K$ is a homogeneneous space of dimension

$$
\begin{equation*}
v=\frac{d_{f}}{\delta}: \tag{3.3}
\end{equation*}
$$

for every $x \in K$ and for every $0<r \leqslant R \leqslant \operatorname{diam} K=\left(\operatorname{diam}_{e} K\right)^{\delta}$ we have

$$
M^{-1} \alpha_{1}^{-d_{f}} \mu(B(x, R))\left(\frac{r}{R}\right)^{v} \leqslant \mu(B(x, r)) \leqslant M \alpha_{1}^{d_{f}} \mu(B(x, R))\left(\frac{r}{R}\right)^{v}
$$

where

$$
M=\left(1+2 \frac{c_{2}}{\operatorname{diam}_{e} K}\right)^{D}\left(\alpha_{1}^{-1} \frac{c_{1}}{\operatorname{diam}_{e} K}\right)^{-D}
$$

$c_{1}$ is the radius of a Euclidean ball contained in $U$ and $c_{2}$ is the radius of a Euclidean ball containing $U$. Moreover,

$$
\begin{equation*}
\sigma=(v-p) / v \tag{3.4}
\end{equation*}
$$

We will call $d$ the (intrinsic) bomogeneous metric, $v$ the (intrinsic) bomogeneous dimension of $K \equiv\left(K, \mu, \mathfrak{L}^{(p)}\right)$.

We now show that the scaling laws for the Lagrangian can be stated more precisely in the intrinsic metric of $K$.

Theorem 3.3: Let $K \equiv\left(K, \mu, \mathfrak{L}^{(p)}\right)$ be a variational fractal endowed with its intrinsic metric. Then, for every $n \geqslant 1$, we have
(3.5) $\int_{K} \varphi d \mathscr{L}^{(p)}[u]=\sum_{i_{1}, \ldots, i_{n}=1}^{N}\left(\operatorname{diam} K_{i_{1} \ldots i_{n}} / \operatorname{diam} K\right)^{\nu-p} \int_{K} \varphi \circ \psi_{i_{1} \ldots i_{n}} d \mathcal{L}^{(p)}\left[u \circ \psi_{i_{1} \ldots i_{n}}\right]$, for every $u \in \mathcal{C}^{(p)}$ and for every $\varphi \in C(K)$.

Proof: By iterating (2.10) along a finite sequences of indices $i_{1} \ldots i_{n} \in\{1, \ldots, N\}$, $n \geqslant 1$,

$$
\int_{K} \varphi d \mathfrak{L}^{(p)}[u]=\sum_{i_{1}, \ldots, i_{n}=1}^{N} \varrho_{i_{1}}^{(p)} \ldots \varrho_{i_{n}}^{(p)} \int_{K} \varphi \circ \psi_{i_{1} \ldots i_{n}} d \mathfrak{L}^{(p)}\left[u \circ \psi_{i_{1} \ldots i_{n}}\right] .
$$

As $\varrho_{i}^{(p)}=\mu\left(K_{i}\right)^{\sigma}, i=1, \ldots, N$, we have, for some real number $\sigma<1$ independent of $i$

$$
\varrho_{i_{1}}^{(p)} \ldots \varrho_{i_{n}}^{(p)}=\mu\left(K_{i_{1}}\right)^{\sigma} \ldots \mu\left(K_{i_{n}}\right)^{\sigma}=\alpha_{i_{1}}^{-d_{f} \sigma} \ldots \alpha_{i_{n}}^{-d_{f} \sigma}
$$

hence, for (2.6) and (3.1),

$$
\varrho_{i_{1}}^{(p)} \ldots \varrho_{i_{n}}^{(p)}=\left(\operatorname{diam} K_{i_{1} \ldots i_{n}} / \operatorname{diam} K\right)^{d_{f} \sigma / \delta}
$$

By (3.3) and (3.4), this gives

$$
\varrho_{i_{1}}^{(p)} \ldots \varrho_{i_{n}}^{(p)}=\left(\operatorname{diam} K_{i_{1} \ldots i_{n}} / \operatorname{diam} K\right)^{v-p}
$$

We also obtain the following «change of variable formula» (for $p=2$, see [17], Theorem 4.5).

Theorem 3.4: Let $K \equiv\left(K, \mu, \mathfrak{L}^{(p)}\right)$ be a variational fractal endowed with its intrinsic metric; let $\Gamma$ be the boundary of $K$. Then, for every $n \geqslant 1$ and for every
$i_{1}, \ldots, i_{n} \in\{1, \ldots, N\}$, we have
(3.6)

$$
\begin{aligned}
\quad \int_{K_{i_{1} \ldots i_{n}}-\Gamma_{i_{1} \ldots i_{n}}} & \varphi d \mathfrak{Q}^{(p)}[u]\left\lfloor\left(K_{i_{1} \ldots i_{n}}-\Gamma_{i_{1} \ldots i_{n}}\right)=\right. \\
& =\left(\operatorname{diam} K_{i_{1} \ldots i_{n}} / \operatorname{diam} K\right)^{v-p} \int_{K-\Gamma} \varphi \circ \psi_{i_{1} \ldots i_{n}} d \mathfrak{Q}^{(p)}\left[u \circ \psi_{i_{1} \ldots i_{n}}\right]\lfloor(K-\Gamma)
\end{aligned}
$$

for every $\varphi \in C(K)$ with $\operatorname{supp} \varphi \subset K_{i_{1} \ldots i_{n}}-\Gamma_{i_{1} \ldots i_{n}}$.
Proof: Let $i_{1}, \ldots, i_{n}=1 \in\{1, \ldots, N\}$ be fixed and let $\varphi \in C(K)$ be such that $\operatorname{supp} \varphi \subset K_{i_{1} \ldots i_{n}}-\Gamma_{i_{1} \ldots i_{n}}$. Since $K_{i_{1} \ldots i_{n}}-\Gamma_{i_{1} \ldots i_{n}}$ is open in $K$, the restriction of the Lagrangian to $K_{i_{1} \ldots i_{n}}-\Gamma_{i_{1} \ldots i_{n}}$ depends only on the restriction of the function $u$ to $K_{i_{1} \ldots i_{n}}-\Gamma_{i_{1} \ldots i_{n}}$. Therefore, for $\varphi \in C(K)$ with $\operatorname{supp} \varphi \subset K_{i_{1} \ldots i_{n}}-\Gamma_{i_{1} \ldots i_{n}}$, we have

$$
\begin{equation*}
\int_{K} \varphi d \mathfrak{L}^{(p)}[u]=\int_{K_{i_{1} \ldots i_{n}}-\Gamma_{i_{1} \ldots i_{n}}} \varphi d \mathfrak{L}^{(p)}[u]\left\lfloor\left(K_{i_{1} \ldots i_{n}}-\Gamma_{i_{1} \ldots i_{n}}\right) .\right. \tag{3.7}
\end{equation*}
$$

On the other hand, let us remark that for every $j_{1}, \ldots, j_{n} \in\{1, \ldots, N\}$ with $j_{1}, \ldots, j_{n} \neq i_{1}, \ldots, i_{n}$, we have $\left(K_{i_{1} \ldots i_{n}}-\Gamma_{i_{1} \ldots i_{n}}\right) \cap K_{j_{1} \ldots j_{n}}=\emptyset$. Therefore, $\varphi \circ \psi_{j_{1} \ldots j_{n}} \equiv 0$ on $K$, whenever $j_{1}, \ldots, j_{n} \neq i_{1}, \ldots, i_{n}$. Moreover $\operatorname{supp} \varphi \circ \psi_{i_{1} \ldots i_{n}} \subset K-\Gamma$.

Thus

$$
\begin{align*}
\sum_{j_{1}, \ldots, j_{n}=1}^{N} & \left(\operatorname{diam} K_{j_{1} \ldots j_{n}} / \operatorname{diam} K\right)^{v-p} \int_{K} \varphi \circ \psi_{j_{1} \ldots j_{n}} d \mathfrak{L}^{(p)}\left[u \circ \psi_{j_{1} \ldots j_{n}}\right]=  \tag{3.8}\\
& =\left(\operatorname{diam} K_{i_{1} \ldots i_{n}} / \operatorname{diam} K\right)^{\nu-p} \int_{K} \varphi \circ \psi_{i_{1} \ldots i_{n}} d \mathfrak{L}^{(p)}\left[u \circ \psi_{i_{1} \ldots i_{n}}\right]= \\
& =\left(\operatorname{diam} K_{i_{1} \ldots i_{n}} / \operatorname{diam} K\right)^{\nu-p} \int_{K-\Gamma} \varphi \circ \psi_{i_{1} \ldots i_{n}} d \mathscr{L}^{(p)}\left[u \circ \psi_{i_{1} \ldots i_{n}}\right]\lfloor(K-\Gamma) .
\end{align*}
$$

In order to get (3.6) it suffices now to replace both (3.7) and (3.8) into (3.5) of Theorem 3.3.

Corollary 3.5: Under the assumptions of the previous theorem, we have
(3.9)

$$
\begin{aligned}
\int_{K_{i_{1} \ldots i_{n}}-\Gamma_{i_{1} \ldots i_{n}}} d \mathfrak{L}^{(p)}[u] & \left\lfloor\left(K_{i_{1} \ldots i_{n}}-\Gamma_{i_{1} \ldots i_{n}}\right)=\right. \\
= & \left(\operatorname{diam} K_{i_{1} \ldots i_{n}} / \operatorname{diam} K\right)^{\nu-p} \int_{K-\Gamma} d \mathfrak{L}^{(p)}\left[u \circ \psi_{i_{1} \ldots i_{n}}\right]\lfloor(K-\Gamma) .
\end{aligned}
$$

Proof: Since the Lagrangian is, in particular, a regular measure, from (3.6) we obtain (3.9).

We now prove that a family of scaled Poincaré inequalities on the homogeneous balls holds. In particular, we show that if the structure enjoys a self-similar invariance
then a much simpler starting point can be given to the whole theory: this is the following Poincaré inequality

$$
\begin{equation*}
\int_{K}|u-u(z)|^{p} d u \leqslant c_{P} \int_{K-\Gamma} d \mathscr{L}^{(p)}[u] \tag{3.10}
\end{equation*}
$$

for every $u \in \mathcal{C}^{(p)}$ and every $z \in \Gamma$.
In fact, the following theorem holds (for $\mathrm{p}=2$, see [17], Theorem 5.1).

Theorem 3.6: Let $K \equiv\left(K, \mu, \mathfrak{L}^{(p)}\right)$ be a variational fractal satisfying (3.10). Then, there exist two constants $C>0$ and $q \geqslant 1$, such that the following inequalities bold

$$
\begin{equation*}
\int_{B(x, r)}\left|u-u_{B(x, r)}\right|^{p} d u \leqslant C(r / \operatorname{diam} K)^{p} \int_{B(x, q r)} d \mathscr{L}^{(p)}[u] \tag{3.11}
\end{equation*}
$$

for every $u \in \mathcal{C}^{(p)}$, where $B(x, r)$ are the balls of the intrinsic metric $d, 0<r \leqslant \operatorname{diam} K$ and $q=2^{\delta}$.

Before proving the theorem, we need some preliminary results.
Lemma 3.7: For every $n \geqslant 1$, for every $i_{1}, \ldots, i_{n} \in\{1, \ldots, N\}$, for every $\zeta \in \Gamma$, we bave

$$
\begin{equation*}
\int_{K_{i_{1} \ldots i_{n}}}\left|u-u \circ \psi_{i_{1} \ldots i_{n}}(\zeta)\right|^{p} d u \leqslant c_{P}\left(\operatorname{diam} K_{i_{1} \ldots i_{n}} / \operatorname{diam} K\right)^{p} \int_{K_{i_{1} \ldots i_{n}}} d \mathfrak{L}^{(p)}[u] \tag{3.12}
\end{equation*}
$$

for every $u \in \mathcal{C}^{(p)}$.
Proof: By (3.10) we have

$$
\begin{aligned}
& \int_{K_{i_{1} \ldots i_{n}}}\left|u-u \circ \psi_{i_{1} \ldots i_{n}}(\zeta)\right|^{p} d u=\left(\operatorname{Lip} \psi_{i_{1} \ldots i_{n}} d_{K}^{d_{f}} \int_{K}\left|u \circ \psi_{i_{1} \ldots i_{n}}-u \circ \psi_{i_{1} \ldots i_{n}}(\zeta)\right|^{p} d u \leqslant\right. \\
& \leqslant c_{P} \alpha_{i_{1}}^{-d_{f}} \ldots \alpha_{i_{n}}^{-d_{f}} \int_{K-\Gamma} d \mathscr{L}^{(p)}\left[u \circ \psi_{i_{1} \ldots i_{n}}\right]=c_{P}\left(\operatorname{diam} K_{i_{1} \ldots i_{n}} / \operatorname{diam} K\right)^{v} \int_{K-\Gamma} d \mathscr{L}^{(p)}\left[u \circ \psi_{i_{1} \ldots i_{n}}\right] ;
\end{aligned}
$$

moreover, by Corollary 3.5,

$$
\begin{array}{rl}
\int_{K-\Gamma} d \mathfrak{L}^{(p)}\left[u \circ \psi_{i_{1} \ldots i_{n}}\right]=\left(\operatorname{diam} K_{i_{1} \ldots i_{n}} / \operatorname{diam} K\right)^{p-v} \int_{K_{i 1} \ldots i_{n}}-\Gamma_{i_{1} \ldots i_{n}} & d \mathfrak{L}^{(p)}[u] \leqslant  \tag{3.13}\\
& \leqslant\left(\operatorname{diam} K_{i_{1} \ldots i_{n}} / \operatorname{diam} K\right)^{p-v} \int_{K_{i 1} \ldots i_{n}} d \mathfrak{L}^{(p)}[u]
\end{array}
$$

and so (3.12) follows.

Lemma 3.8: Let $K_{i_{1} \ldots i_{n}}, K_{j_{1} \ldots j_{n}}, n \geqslant 1, i_{1}, \ldots, i_{n} \neq j_{1}, \ldots, j_{n} \in\{1, \ldots, N\}$ be two contiguous complexes. Let $Q=K_{i_{1} \ldots i_{n}} \cup K_{j_{1} \ldots j_{n}}$. Then, there exists a constant $C$ such that for every $u \in \mathcal{C}^{(p)}$
(3.14) $\int_{Q}\left|u-u_{Q}\right|^{p} d \mu \leqslant C\left\{\left(\operatorname{diam} K_{i_{1} \ldots i_{n}} / \operatorname{diam} K\right)^{p} \int_{K_{i_{1} \ldots i_{n}}} d \mathscr{L}^{(p)}[u]+\right.$

$$
\left.+\left(\operatorname{diam} K_{j_{1} \ldots j_{n}} / \operatorname{diam} K\right)_{K_{j_{1} \ldots j_{n}}^{p}} d \mathscr{L}^{(p)}[u]\right\} .
$$

Proof: As $K_{i_{1} \ldots i_{n}} \cap K_{j_{1} \ldots j_{n}} \neq \emptyset$, there exists $\xi \in K_{i_{1} \ldots i_{n}} \cap K_{j_{1} \ldots j_{n}}=\Gamma_{i_{1} \ldots i_{n}} \cap \Gamma_{j_{1} \ldots j_{n}}$ and $\xi=\psi_{i_{1} \ldots i_{n}}\left(\zeta_{1}\right)=\psi_{j_{1} \ldots j_{n}}\left(\zeta_{2}\right)$ with $\zeta_{1}, \zeta_{2} \in \Gamma$.

We have, by Lemma 3.7
$\int_{K_{i_{1} \ldots i_{n}}}|u-u(\xi)|^{p} d u=\int_{K_{i_{1} \ldots i_{n}}}\left|u-u \circ \psi_{i_{1} \ldots i_{n}}\left(\zeta_{1}\right)\right|^{p} \leqslant$

$$
\leqslant c_{P}\left(\operatorname{diam} K_{i_{1} \ldots i_{n}} / \operatorname{diam} K\right)^{p} \int_{K_{i_{1} \ldots i_{n}}} d \mathscr{L}^{(p)}[u] .
$$

In a similar way, we obtain

$$
\begin{aligned}
& \int_{K_{j_{1} \ldots j_{n}}}|u-u(\xi)|^{p} d u=\int_{K_{j_{1} \ldots j_{j_{n}}}}\left|u-u \circ \psi_{j_{1} \ldots j_{n}}\left(\zeta_{2}\right)\right|^{p} \leqslant \\
& \leqslant c_{P}\left(\operatorname{diam} K_{j_{1} \ldots j_{n}} / \operatorname{diam} K\right)^{p} \int_{K_{j_{1} \ldots j_{n}}} d \mathscr{L}^{(p)}[u] .
\end{aligned}
$$

Then as
$\int_{Q}\left|u-u_{Q}\right|^{p} d u \leqslant 2^{p} \int_{Q}|u-u(\xi)|^{p} d \mu=2^{p}\left(\int_{K_{i_{1} \ldots i_{n}}}|u-u(\xi)|^{p} d u+\int_{K_{j_{1} \ldots j_{n}}}|u-u(\xi)|^{p} d \mu\right)$, we conclude the proof.

The following lemma allows us to extend Poincaré inequality across two contiguous sets that overlap on a set of positive measure.

Lemma 3.9: Let $Q_{1}, Q_{2}$ be two subsets of $K$ such that $\mu\left(Q_{1} \cap Q_{2}\right)>0$. Then,

$$
\begin{equation*}
\int_{Q_{1} \cup Q_{2}}\left|u-u_{Q_{1} \cup Q_{2}}\right|^{p} d \mu \leqslant 2^{p+1}\left(\frac{\mu\left(Q_{1} \cup Q_{2}\right)}{\mu\left(Q_{1} \cap Q_{2}\right)}\right)^{p} \max _{i=1,2} \int_{Q_{i}}\left|u-u_{Q_{i}}\right|^{p} d \mu . \tag{3.15}
\end{equation*}
$$

Proof: We have that
(3.16)

$$
\begin{aligned}
& \int_{Q_{1} \cup Q_{2}}\left|u(x)-u_{Q_{1} \cup Q_{2}}\right|^{p} d \mu(x) \leqslant \\
& \leqslant 2^{p} \int_{Q_{1} \cup Q_{2}}\left|u(x)-u_{Q_{1} \cap Q_{2}}\right|^{p} d \mu(x)= \\
& =\left.2^{p}\left(\frac{1}{\mu\left(Q_{1} \cap Q_{2}\right)}\right)_{Q_{1} \cup Q_{2}}^{p} \int_{Q_{1} \cap Q_{2}}(u(x)-u(y)) d \mu(y)\right|^{p} d \mu(x) \leqslant \\
& \leqslant\left.\left. 2^{p}\left(\frac{1}{\mu\left(Q_{1} \cap Q_{2}\right)}\right)^{p} \int_{Q_{1}}\right|_{Q_{1} \cap Q_{2}}(u(x)-u(y)) d \mu(y)\right|^{p} d \mu(x)+ \\
& +2^{p}\left(\frac{1}{\mu\left(Q_{1} \cap Q_{2}\right)}\right)^{p} \int_{Q_{2}}\left|\int_{Q_{1} \cap Q_{2}}(u(x)-u(y)) d \mu(y)\right|^{p} d \mu(x) \leqslant \\
& \leqslant\left. 2^{p}\left(\frac{1}{\mu\left(Q_{1} \cap Q_{2}\right)}\right)_{Q_{1}}^{p} \int_{Q_{1}} \int_{Q_{1}}(u(x)-u(y)) d \mu(y)\right|^{p} d \mu(x)+ \\
& +\left.2^{p}\left(\frac{1}{\mu\left(Q_{1} \cap Q_{2}\right)}\right)^{p} \iint_{Q_{2}} \int_{Q_{2}}(u(x)-u(y)) d \mu(y)\right|^{p} d u(x)= \\
& =2^{p}\left(\frac{\mu\left(Q_{1}\right)}{\mu\left(Q_{1} \cap Q_{2}\right)}\right)_{Q_{1}}^{p} \int\left|u(x)-u_{Q_{1}}\right|^{p} d \mu(x)+ \\
& +2^{p}\left(\frac{\mu\left(Q_{2}\right)}{\mu\left(Q_{1} \cap Q_{2}\right)}\right)_{Q_{2}}^{p} \int\left|u(x)-u_{Q_{2}}\right|^{p} d \mu(x) \leqslant \\
& \leqslant 2^{p+1}\left(\frac{\mu\left(Q_{1} \cup Q_{2}\right)}{\mu\left(Q_{1} \cap Q_{2}\right)}\right)^{p} \max _{i=1,2} \int_{Q_{i}}\left|u(x)-u_{Q_{i}}\right|^{p} d \mu(x) .
\end{aligned}
$$

By iterating Lemma 3.9, we get the following lemma.

Lemma 3.10: Let $Q_{1}, \ldots, Q_{m}$ be $m \geqslant 2$ subsets of $K$ such that $\mu\left(Q_{s} \cap Q_{s+1}\right)>0$ for every $s=1, \ldots, m-1$. Let $Q=Q_{1} \cup \ldots \cup Q_{m}$. Then,
(3.17) $\int_{Q}\left|u-u_{Q}\right|^{p} d u \leqslant$

$$
\leqslant\left[2^{p+1}\left(\frac{\mu(Q)}{\min _{s=1, \ldots, m-1} \mu\left(Q_{s} \cap Q_{s+1}\right)}\right)^{p}\right]^{m-1} \max _{s=1, \ldots, m} \int_{Q_{s}}\left|u-u_{Q_{s}}\right|^{p} d \mu
$$

From Lemma 3.10 we get the following lemma.
Lemma 3.11: Let $K_{i_{1}^{s} \ldots i_{n_{s}^{s}}^{s}}, s=1, \ldots, L, L \geqslant 3$ be given $n_{s}$-complexes, $n_{s} \geqslant 1$, $i_{1}^{s}, \ldots, i_{n_{s}}^{s} \in\{1, \ldots, N\}$. Let $Q=\bigcup_{s=1}^{L} K_{i_{1}^{s} \ldots i i_{n_{s}}}$ and for each $s=1, \ldots, L-1$, let $Q_{s}=$ $=K_{i_{1}^{s} \ldots i_{n_{s}}^{s}} \cup K_{i_{1}^{s+1} \ldots i_{n_{s}+1}^{s+1}}$. Then
(3.18) $\int_{Q}\left|u-u_{Q}\right|^{p} d u \leqslant$

$$
\leqslant\left[2^{p+1}\left(\frac{\mu(Q)}{\min _{s=1, \ldots, L-2} \mu\left(K_{\left.i_{1}^{s+1} \ldots i_{n_{s}+1}^{s+1}\right)}\right.}\right)^{p}\right]^{L-2} \max _{s=1, \ldots, L-1} \int_{Q_{s}}\left|u-u_{Q s}\right|^{p} d \mu
$$

We now combine the previous result with Lemma 3.8.
Lemma 3.12: Let $K_{i_{1}^{s} \ldots i_{n}^{s}}, s=1, \ldots, L, L \geqslant 3$ be given $n_{s}$-complexes, $n_{s} \geqslant 1$, $i_{1}^{s}, \ldots, i_{n_{s}}^{s} \in\{1, \ldots, N\}$ for every $s=1, \ldots, L,\left(i_{1}^{s}, \ldots, i_{n_{s}}^{s}\right) \neq\left(i_{1}^{s+1}, \ldots, i_{n_{s+1}}^{s+1}\right)$ for every $s=1, \ldots, L-1$. Then, there exists a constant $C$ such that, if $Q=\bigcup_{s=1} K_{i_{1}^{s} \ldots i_{n}^{s}}$, for every $u \in \mathfrak{C}^{(p)}$ we have
(3.19) $\int_{Q}\left|u-u_{Q}\right|^{p} d u \leqslant C\left[2^{p+1}\left(\frac{\mu(Q)}{\min _{s=2, \ldots, L-1} \mu\left(K_{i_{1}^{s} \ldots i_{n_{s}}^{s}}\right)}\right)^{p}\right]^{L-2}$.

$$
\cdot \max _{s=1, \ldots, L}\left(\operatorname{diam} K_{i_{1}^{s} \ldots i_{n_{s}}^{s}} / \operatorname{diam} K\right)^{p} \int_{K_{i_{1}^{s} \ldots i_{n_{s}}^{s}}} d \mathfrak{L}^{(p)}[u] .
$$

Proof: By the previous lemma, the inequality 3.18 holds with $Q_{s}=$ $=K_{i_{1}^{s} \ldots i_{n_{s}}^{s}} \cup K_{i_{1}^{s+1} \ldots i_{s}^{s+1}}^{s+1}$ for every $s=1, \ldots, L-1$. Moreover, by Lemma 3.8, for each $s=$ $=1, \ldots, L-1$ we have

$$
\int_{Q_{s}}\left|u-u_{Q_{s}}\right|^{p} d \mu \leqslant C \max _{l=s, s+1}\left(\operatorname{diam} K_{i_{1}^{l} \ldots l_{n l}^{l}} / \operatorname{diam} K\right)^{p} \int_{K_{i}^{l} \ldots, i_{n l}^{l}} d \mathscr{L}^{(p)}[u] .
$$

By taking this inequality into account, we get from (3.18)

$$
\begin{aligned}
& \int_{Q}\left|u-u_{Q}\right|^{p} d \mu \leqslant\left[2^{p+1}\left(\frac{\mu(Q)}{\min _{s=1, \ldots, L-2} \mu\left(K_{\left.i_{1}^{s+1} \ldots i_{n_{s}+1}^{s+1}\right)}\right.}\right)^{p}\right]^{L-2} \cdot \\
& \cdot \max _{s=1, \ldots, L-1} \int_{Q_{s}}\left|u-u_{Q_{s}}\right|^{p} d \mu \leqslant C\left[2 ^ { p + 1 } \left(\frac{\mu(Q)}{\left.\min _{s=1, \ldots, L-2} \mu\left(K_{\left.i_{1}^{s+1} \ldots i_{n_{s}+1}^{s+1}\right)}\right)^{p}\right]^{L-2} .}\right.\right. \\
& \quad \max _{s=1, \ldots, L-1} \max _{l=s, s+1}\left(\operatorname{diam} K_{i_{1}^{l} \ldots i_{n}^{l}} / \operatorname{diam} K\right)^{p} \int_{K_{i_{1}^{l} \ldots i_{n}^{l}}^{l}} d \mathcal{L}^{(p)}[u] \leqslant \\
& \leqslant C\left[2^{p+1}\left(\frac{\mu(Q)}{\min _{s=2, \ldots, L-1} \mu\left(K_{\left.i_{1}^{s} \ldots i_{n_{s}}^{s}\right)}\right.}\right)^{p}\right]^{L-2} \cdot \\
&\left.\cdot \max _{s=1, \ldots, L}\left(\operatorname{diam} K_{i_{1}^{s} \ldots i_{n_{s}}^{s}} / \operatorname{diam} K\right)\right)^{p} \int_{K_{i 1}^{s} \ldots i_{n_{s}}^{s}} d \mathscr{L}^{(p)}[u]
\end{aligned}
$$

and this proves the lemma.
We now prove Theorem 3.6.
Proof of Theorem 3.6: Let $x \in K, 0<r \leqslant \operatorname{diam} K$. By Theorem 2.1 we have

$$
B(x, r)=K \cap B_{e}\left(x, r^{1 / \delta}\right) \subset \bigcup_{G_{x, R}} K_{i_{1} \ldots i_{n}}
$$

where the family $G_{x, R}$, with $R=r^{1 / \delta}$, contains at most $M$ elements. It is not restrictive to assume, up to renumbering, that the sets $K_{i_{1}^{s} \ldots i_{n_{s}}^{s}}$ in $G_{x, R}$ are such that any two successive $K_{i_{1}^{s} \ldots i_{n_{s}}^{s}}, K_{i_{1}^{s+1} \ldots i_{n_{s}+1}^{s+1}}$ are contiguous complexes and $Q=\bigcup_{s=1}^{L} K_{i_{1}^{s} \ldots i_{n_{s}}^{s}}$ with $L \leqslant M$.

By Lemma 3.12, we have for $L \leqslant M$,

$$
\begin{align*}
& \int_{Q}\left|u-u_{Q}\right|^{p} d \mu \leqslant C\left[\left(\frac{\mu(Q)}{\min _{s=1, \ldots, L} \mu\left(K_{i_{1}^{s} \ldots i_{n_{s}}^{s}}\right)}\right)^{p}\right]^{L-2} .  \tag{3.20}\\
& \cdot \max _{s=1, \ldots, L}\left(\operatorname{diam} K_{i_{1}^{s} \ldots i_{n_{s}}^{s}} / \operatorname{diam} K\right)^{p} \int_{K_{i_{1}^{s}} \ldots i_{n_{s}}^{s}} d \mathscr{L}^{p p}[u] .
\end{align*}
$$

We now recall that for every $s=1, \ldots, L$ we have

$$
\alpha_{1}^{-1} r^{1 / \delta}<\operatorname{diam}_{e} K_{i_{1}^{s} \ldots i_{n_{s}}^{s}} \leqslant r^{1 / \delta} \quad K_{i_{1}^{s} \ldots i_{n_{s}}^{s}} \cap B_{e}\left(x, r^{1 / \delta}\right) \neq \emptyset
$$

Therefore, $K_{i_{1}^{s} \ldots i_{n c}^{s}} \subset K \cap B_{e}\left(x, 2 r^{1 / \delta}\right)=B\left(x, 2^{\delta} r\right)$ for every $s=1, \ldots, L$. It follows that
(3.21) $\int_{B(x, r)}\left|u(y)-u_{B(x, r)}\right|^{p} d \mu(y) \leqslant 2^{p} \int_{B(x, r)}\left|u(y)-u_{Q}\right|^{p} d \mu(y) \leqslant$

$$
\begin{array}{r}
\leqslant 2^{p} \int_{Q}\left|u(y)-u_{Q}\right|^{p} d \mu(y) \leqslant C\left[\left(\frac{\mu(Q)}{\min _{s=1, \ldots, L} \mu\left(K_{i_{1}^{s} \ldots i_{n_{s}}^{s}}^{s}\right.}\right)^{p}\right]^{L-2} . \\
\cdot \max _{s=1, \ldots, L}\left(\operatorname{diam} K_{i_{1}^{s} \ldots i_{n_{s}}^{s}} / \operatorname{diam} K\right)^{p} \int_{K_{i_{1}^{s} \ldots i_{n_{s}}^{s}}} d \mathscr{L}^{(p)}[u] .
\end{array}
$$

We have

$$
\mu(Q)=\sum_{s=1}^{L} \mu\left(K_{i_{1}^{s} \ldots i_{n_{s}}^{s}}\right) \leqslant L\left(\frac{r^{1 / \delta}}{\operatorname{diam}_{e}(K)}\right)^{d_{f}}, \quad \mu\left(K_{i_{1}^{s} \ldots i_{n_{s}}^{s}}>\alpha_{1}^{-d_{f}}\left(\frac{r^{1 / \delta}}{\operatorname{diam}_{e}(K)}\right)^{d_{f}}\right.
$$

for every $s=1, \ldots, L$.
Therefore,

$$
\left(\frac{\mu(Q)}{\min _{s=1, \ldots, L} \mu\left(K_{i_{1}^{s}, \ldots, i_{n_{s}}^{s}}\right)}\right)^{p} \leqslant L^{p} \alpha_{1}^{p f_{f}} .
$$

Moreover,

$$
\max _{s=1, \ldots, L}\left(\operatorname{diam} K_{i_{1}^{s} \ldots i_{n_{s}}^{s}} / \operatorname{diam} K\right)^{p} \leqslant\left(\frac{r}{\operatorname{diam} K}\right)^{p}
$$

and

$$
\int_{K_{i 1}, \ldots h_{n_{s}}^{\delta}} d \mathscr{L}^{(p)}[u] \leqslant \int_{B\left(x, 2^{\delta} r\right)} d \mathscr{L}^{(p)}[u]
$$

for every $s=1, \ldots, L$.
Thus,

$$
\int_{B(x, r)}\left|u-u_{B(x, r)}\right|^{p} d \mu \leqslant C\left(L^{p} \alpha_{1}^{p d_{f}}\right)^{L-2}(r / \operatorname{diam} K)^{p} \int_{B(x, q r)} d \mathfrak{L}^{(p)}[u]
$$

for every $u \in \mathcal{C}^{(p)}$.

Remark 3.1: We recall that if (3.10) bolds, then

$$
\int_{K}\left|u-u_{K}\right|^{p} d \mu \leqslant 2^{p} \int_{K}|u-u(z)|^{p} d \mu \leqslant 2^{p} c_{P} \int_{K-\Gamma} d \mathcal{L}^{(p)}[u],
$$

where $u_{K}=\int_{K} u d u$. We remark that if $K$ is connected in capacity sense according to the Definition 5.1 in [17], the starting Poincaré inequality (3.10) can be replaced with by the weaker assumption

$$
\int_{K}\left|u-u_{K}\right|^{p} d \mu \leqslant c_{P} \int_{K-\Gamma} d \mathfrak{S}^{(p)}[u]:
$$

in this case, Lemma 3.8 still holds with suitable changes and Theorem 3.6 can be achieved with the same proof.

## 4. - Lagrangians and energies

The Lagrangian formalism is based on the definition of a local energy $\mathfrak{L}^{(p)}$, that, when integrated on a structure $X$, gives the total energy $E^{(p)}$ of $X$ :

$$
E^{(p)}=\int_{X} d \mathscr{L}^{(p)}
$$

In this section we begin by proving the following «representation formula» (for the classical case $p=2$, see [8] and [14]). In the following, we use the notations $\mathfrak{L}^{(p)}[u]=\mathfrak{L}^{(p)}(u, u)$.

Theorem 4.1: For any $u, \varphi \in \mathcal{C}^{(p)}, u \geqslant \varepsilon>0$, we have

$$
\int_{X} \varphi d \mathscr{L}^{(p)}[u]=\frac{1}{(p-1)^{2}} E^{(p)}(u, u \varphi)-\frac{1}{p^{p-1}(p-1)^{2}} E^{(p)}\left(u^{p}, u^{p(2-p)} \varphi\right)
$$

Proof: From the Leibniz rule on the second argument and the chain rules, we have

$$
\begin{aligned}
& \frac{1}{(p-1)^{2}} E^{(p)}(u, u \varphi)-\frac{1}{p^{p-1}(p-1)^{2}} E^{(p)}\left(u^{p}, u^{p(2-p)} \varphi\right)= \\
& \quad=\frac{1}{(p-1)^{2}} \int_{X} d \mathscr{L}^{(p)}(u, u \varphi)-\frac{1}{p^{p-1}(p-1)^{2}} \int_{X} d \mathscr{L}^{(p)}\left(u^{p}, u^{p(2-p)} \varphi\right) \\
& \quad=\frac{1}{(p-1)^{2}} \int_{X} \varphi d \mathfrak{L}^{(p)}(u, u)+\frac{1}{(p-1)^{2}} \int_{X} u d \mathscr{L}^{(p)}(u, \varphi)-
\end{aligned}
$$

$$
\begin{aligned}
& -\frac{1}{p^{p-1}(p-1)^{2}} \int_{X}\left|p u^{p-1}\right|^{p-2} p u^{p-1} d \mathscr{L}^{(p)}\left(u, u^{p(2-p)} \varphi\right)= \\
& =\frac{1}{(p-1)^{2}} \int_{X} \varphi d \mathscr{L}^{(p)}(u, u)+\frac{1}{(p-1)^{2}} \int_{X} u d \mathscr{L}^{(p)}(u, \varphi)- \\
& -\frac{1}{p^{p-1}(p-1)^{2}} \int_{X}\left|p u^{p-1}\right|^{p-2} p u^{p-1} u^{p(2-p)} d \mathscr{L}^{(p)}(u, \varphi)- \\
& -\frac{1}{p^{p-1}(p-1)^{2}} \int_{X}\left|p u^{p-1}\right|^{p-2} p u^{p-1} p(2-p) u^{p(2-p)-1} \varphi d \mathscr{L}^{(p)}(u, u)= \\
& =\int_{X} \varphi d \mathscr{L}^{(p)}(u, u) .
\end{aligned}
$$

The self-similar property of the total energy $E^{(p)}$ follows from the self-similar property of the relative Lagrangian trivially.

Next, we prove the converse: more precisely, we prove that if the total energy is self-similar then the Lagrangian inherits this same invariance property.

Theorem 4.2: Let $E^{(p)}$ be self-similar, that is, for every $u, v \in \mathcal{C}^{(p)}$ and for every $\varphi \in C(K)$,

$$
E^{(p)}(u, v)=\sum_{i=1}^{N} \varrho_{i}^{(p)} E^{(p)}\left(u \circ \psi_{i}, v \circ \psi_{i}\right)
$$

with the real constants $\varrho_{i}^{(p)}>0, i=1, \ldots, N$, satisfy $\varrho_{i}^{(p)}=\mu\left(K_{i}\right)^{\sigma}, i=1, \ldots, N$, for some real constant $\sigma<1$, independent of $i=1, \ldots, N$.

Then, the Lagrangian $\mathfrak{L}^{(p)}$ is self-similar, that is,

$$
\begin{equation*}
\int_{K} \varphi d \mathscr{L}^{(p)}[u]=\sum_{i=1}^{N} \varrho_{i}^{(p)} \int_{K} \varphi \circ \psi_{i} d \mathscr{L}^{(p)}\left[u \circ \psi_{i}\right], \tag{4.1}
\end{equation*}
$$

for every $u \in \mathcal{C}^{(p)}$ and for every $\varphi \in C(K)$.
Proof: We set $u^{\natural}=u-\min _{K} u+\varepsilon$, with $\varepsilon>0$. By the strong locality and Theorem 4.1, we have that

$$
\begin{align*}
& \int_{K} \varphi d \mathscr{L}^{(p)}[u]=\int_{K} \varphi d \mathfrak{L}^{(p)}\left[u^{\natural}\right]=  \tag{4.2}\\
& \quad=\frac{1}{(p-1)^{2}} E^{(p)}\left(u^{\natural}, u^{\natural} \varphi\right)-\frac{1}{p^{p-1}(p-1)^{2}} E^{(p)}\left(\left(u^{\natural}\right)^{p},\left(u^{\natural}\right)^{p(2-p)} \varphi\right)=
\end{align*}
$$

$$
\begin{aligned}
= & \sum_{i=1}^{N} \varrho_{i}^{(p)}\left\{\frac{1}{(p-1)^{2}} E^{(p)}\left(u^{\natural} \circ \psi_{i},\left(u^{\natural} \circ \psi_{i}\right)\left(\varphi \circ \psi_{i}\right)\right)-\right. \\
& \left.\frac{1}{p^{p-1}(p-1)^{2}} E^{(p)}\left(\left(u^{\natural} \circ \psi_{i}\right)^{p},\left(u^{\natural} \circ \psi_{i}\right)^{p(2-p)}\left(\varphi \circ \psi_{i}\right)\right)\right\}= \\
= & \sum_{i=1}^{N} \varrho_{i}^{(p)} \int_{K} \varphi \circ \psi_{i} d \mathscr{L}^{(p)}\left[u^{\natural} \circ \psi_{i}\right]=\sum_{i=1}^{N} \varrho_{i}^{(p)} \int_{K} \varphi \circ \psi_{i} d \mathfrak{L}^{(p)}\left[u \circ \psi_{i}\right] .
\end{aligned}
$$

## 5. - An example

A first example of nonlinear forms on fractals has been given in [4]. More precisely, self-similar energy forms $E^{(p)}$ with domains $\mathcal{C}^{(p)}$ have been constructed on the Koch curve type fractals by using suitable sequences of finite differences schemes.

We now show how we can construct the corresponding Lagrangians on these fractals. For simplicity, we consider the well known Koch curve (on generalized Koch curves, we can proceed in a analogous way just by making some small proper changes). The Koch curve $K$ is a nested fractal (see [12]) and, in particular, it is the invariant set of a suitable family $\Psi=\left\{\psi_{1}, \ldots, \psi_{N}\right\}$, with $N=4, \alpha_{i}=\alpha=3$ satisfying (2.1), (2.4) and (2.7). Let $\mathcal{C}^{(p)}$ be the domain of the energy form $E^{(p)}$ defined by Theorem 3.1 in [4].

We define, for any set $A \subset K$ and $u \in \mathcal{C}^{(p)}$,

$$
\widetilde{\mathfrak{L}}_{n}^{(p)}(u)(A):=\frac{1}{p}\left(4^{p-1}\right)^{n} \sum_{\xi, \eta \in \Gamma} \sum_{\substack{i_{1} \ldots i_{n}=1 \\ \psi_{i_{1} \ldots i_{n}}(\xi), \psi_{i_{1} \ldots i_{n}}(\eta) \in A}}^{N}\left|u\left(\psi_{i_{1} \ldots i_{n}}(\xi)\right)-u\left(\psi_{i_{1} \ldots i_{n}}(\eta)\right)\right|^{p}
$$

and

$$
\tilde{\mathfrak{L}}^{(p)}(u)(A):=\lim _{n \rightarrow \infty} \widetilde{\mathfrak{L}}_{n}^{(p)}(u)(A) .
$$

The previous limit exists by Theorem 3.1 in [4]. Moreover, as $\widetilde{\mathfrak{L}}^{(p)}(u)$ is positive and finitely additive, that is,

$$
\tilde{\mathfrak{L}}^{(p)}(u)(A \cup B)=\tilde{\mathfrak{L}}^{(p)}(u)(A)+\tilde{\mathfrak{L}}^{(p)}(u)(B)
$$

if $A \cap B=\emptyset$, by the Caratheodory extension theorem (see [7]), $\widetilde{\mathscr{L}}^{(p)}(u)$ extends to a finite Borel measure that we denote again $\widetilde{\mathfrak{L}}^{(p)}(u)$.

By the definition, the assumptions i), ii), iv) are satisfied; assumption iii) follows from Proposition 4.2 and Theorems 4.1 and 4.2 in [4]. Assumption v) can be verified
in the following way. First, we observe that

$$
\begin{aligned}
\left\langle\partial \widetilde{\mathscr{L}}_{n}^{(p)}(u), v\right\rangle=\left(4^{p-1}\right)^{n} & \sum_{i_{1} \ldots i_{n}=1}^{N} \sum_{\xi, \eta \in \Gamma}\left|u\left(\psi_{i_{1} \ldots i_{n}}(\xi)\right)-u\left(\psi_{i_{1} \ldots i_{n}}(\eta)\right)\right|^{p-2} \\
& \cdot\left(u\left(\psi_{i_{1} \ldots i_{n}}(\xi)\right)-u\left(\psi_{i_{1} \ldots i_{n}}(\eta)\right)\right) \cdot\left(v\left(\psi_{i_{1} \ldots i_{n}}(\xi)\right)-v\left(\psi_{i_{1} \ldots i_{n}}(\eta)\right)\right)
\end{aligned}
$$

Since $\mathcal{C}^{(p)}$ is reflexive (it is a uniformly convex Banach space by Theorem 4.1 in [4]) and

$$
\lim _{n \rightarrow \infty} \tilde{\mathfrak{L}}_{n}^{(p)}(u)=\widetilde{\mathfrak{L}}^{(p)}(u)
$$

by Theorem 3.66 in [1], we obtain that

$$
\partial \tilde{\mathfrak{L}}_{n}^{(p)}(u) \rightarrow \partial \tilde{\mathfrak{L}}^{(p)}(u)
$$

so, we have for $u, v \in \mathfrak{C}^{(p)}$

$$
\begin{aligned}
\mathscr{L}^{(p)}(u, v)=\lim _{n \rightarrow \infty}\left(4^{p-1}\right)^{n} & \sum_{i_{1} \ldots i_{n}=1}^{N} \sum_{\xi, \eta \in \Gamma}\left|u\left(\psi_{i_{1} \ldots i_{n}}(\xi)\right)-u\left(\psi_{i_{1} \ldots i_{n}}(\eta)\right)\right|^{p-2} \\
\cdot & \cdot\left(u\left(\psi_{i_{1} \ldots i_{n}}(\xi)\right)-u\left(\psi_{i_{1} \ldots i_{n}}(\eta)\right)\right) \cdot\left(v\left(\psi_{i_{1} \ldots i_{n}}(\xi)\right)-v\left(\psi_{i_{1} \ldots i_{n}}(\eta)\right)\right) .
\end{aligned}
$$

Finally, assumption vi) follows by taking into account the previous expression of $\mathfrak{L}^{(p)}$. Then, the Koch curve is a variational fractal according to Definition 2.4. Moreover, since assumption (3.10) is satisfied by Proposition 3.1 in [4], Theorem 3.6 holds and hence we obtain the scaled Poincaré inequalities (3.11).

These inequalities establish a further important connection between the homogeneous structure and the energy form. As shown in [13] and in [5], in the present general setting of measure-valued $p$-Lagrangians on homogeneous spaces, a whole family of important inequalities can be obtained from Theorem 3.6. In particular, when the homogeneous dimension is smaller than $p$, as in this case, we have the Morrey embedding.

As a consequence of this intrinsic Morrey embedding, that is, $\mathcal{C}^{(p)} \subset C^{0, \beta}$ with $\beta=1-\frac{v}{p}$, we obtain the Euclidean embedding $\mathcal{C}^{(p)} \subset C_{\text {eucl }}^{0, \beta_{e}}$ where now $C_{\text {eucl }}^{0, \beta_{e}}$ is the space of Hölder continuous functions with Hölder exponent $\beta_{e}=\delta \beta$ in the Euclidean metric of $K$ : so we find the Euclidean estimates (first obtained by direct calculations in [4])

$$
|u(x)-u(y)| \leqslant C|x-y|^{\beta_{e}}\left(E^{(p)}[u]\right)^{\frac{1}{p}}
$$

with

$$
\beta_{e}=\delta \beta=\delta\left(1-\frac{v}{p}\right)=\delta-\frac{d_{f}}{p}=\frac{\ln _{\alpha} N \varrho^{(p)}}{p}-\frac{\ln _{\alpha} N}{p}=\frac{\ln _{\alpha} \varrho^{(p)}}{p}
$$

where we have taken into account the expressions (2.5) and (3.2).
We recall that similar Euclidean estimates can be obtained by considering the identification of the domains of the nonlinear energy forms with suitable Lipschitz spaces (see [6]).

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